



Essex Sexual Health Service

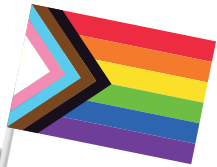
Youth-friendly sexual health services, including education and training, helping young people to stay safe, healthy and protected.

Achievements in 2023/24



EVENTS

34 **Outreach events** specifically aimed at students with schools, colleges and universities



5 **Pride events** across all quadrants

2,652

Young people reached at outreach events

'I learnt about consent and what to look for in a person's body language'

TRAINING

33 **Relationships, Sex and Health Education (RSHE) training sessions** delivered to



676 professionals

69 **RSHE sessions** in schools and colleges delivered to **1,056** young learners



BLOGS AND SOCIALS

In our 2021/2022 report, we emphasised our ongoing improvements to social media and blog strategies. Our quarterly blogs address taboo topics that can be accessed anytime at: askingforafriend.org.uk/resource-hub



The most popular blog was **'having sex for the first time'** with

13,558 views

16-25s STATS

8,223 STI self-test kits ordered

Packs of condoms supplied via eC-Card **955**



274 eC-Card registrations

Clinic attendances **16,585**

21,783 young people supported with **positive relationships** and **good sexual health** and **wellbeing**



'Pitched so well, relevant, kids will want more, brilliant acting, really relatable and so important for the moments issues'

EDUCATION

Educational videos and the **'Asking for a Friend'** website offer bite-sized information, advice, and support for **young people**.

'I like that there was no judgement for questions or comments'

CO-PRODUCTION

261 young people supported us with **service development** and **improvement**

Co-operation with the Student Union at Anglia Ruskin University for the installation of the eC-Card vending machine

