

Where to direct a young person for help

The young person...

...is **thinking** about sex

NEEDS GENERAL ADVICE

Visit our website for a range of sexual health information and advice.

- Information about STIs
- Contraception options
- Sexual wellbeing
- Sexuality
- Sexual Performance

Visit our website:
eshs.org.uk

...is **sexually active**

NEEDS SPECIALISED ADVICE

Call our helpline for advice by friendly and trained individuals.

- Contraception
- Emergency Contraception
- STI Testing and Treatment
- Pregnancy Testing
- Book an appointment

Call our Helpline:
0300 003 1212

STI TEST KITS

STI test kits can be ordered from the **website** or call our **helpline** for more information.

SUPPORT FOR PROFESSIONALS

If you are working with a young person who you believe is **vulnerable, at risk**, or is **unable to call** our helpline, please call **on their behalf** on: **0300 303 9958**