

# Commitment to Relationships and Sexual Health Education Recognition Awards Essex Criteria

Essex Sexual Health Service are committed to supporting young people to have access to high quality, inclusive relationships and sexual health education (RSHE).

The RSHE recognition awards scheme works with an aim to increase educational staff's confidence to deliver RSHE related topics, to support educational establishments to have best practise relating to RSHE working towards a whole school approach to RSHE learning, ensuring to incorporate the voice of their pupils, and engaging with parents and carers to support further learning at home.

To recognise educational establishments participation to the programme and their commitment to RSHE, ESHS will then award the educational establishment with a Bronze, Silver or Gold Certificate, demonstrating their commitment to RSHE,

The programme is designed to support educational establishments to become self-sustainable in relation to RSHE, without the need for dependence on outside agencies delivering to their students, but rather any delivery from outside agencies should enhance the comprehensive programme that is already incorporated within the setting.

Feedback from young people tells us that RSHE is more effective when taught by willing and competent teachers that are confident, unembarrassed and able to teach correct biological facts and also explore relationship issues.

This scheme is accessible to all secondary and further education settings (including special schools and PRUs) within an Essex County Council Postcode, and works in line with Essex Healthy Schools provided by HCRG.



Bronze	Silver	Gold
Educational Establishment to attend 3 ESHS CPD RSHE Training Sessions, or 20% of the school staff, whichever is the lower number.	To have achieved Bronze Award Status.	To have achieved Silver Award Status.
One of the sessions to include 'Delivering Relationships and Sexual Health Education' full length session.	For an additional 3 ESHS CPD training sessions to have been attended, totalling 6 sessions, or 40% of the school staff, whichever is the lower number.	To implement changes to the educational setting following involvement from young people, this can include incorporating additional topics of students requests into learning.
To have liaised with Parents and Carers regarding RSHE delivery, including signposting to where the educational establishments RSHE policy can be found and signposting how parents and carers can provide feedback. To have provided parents and carers with the link to ESHS Parent and Carers Portal.	To provide opportunities for students to share their views relating to RSHE.	To host opportunity for parents and carers to learn more relating to RSHE.
To be actively delivering inclusive RSHE in line with the National Curriculum and government guidance and to be able to provide evidence about how this is differentiated for learners with SEND. RSHE be given regular curriculum time like any other subject, encompassing a spiral curriculum where learning is revisited and built upon each year.	To ensure RSHE relating resources are visible around the educational establishment, this can be through posters, health promotion stands, participation in related awareness days for example 'Prides'.	To have implemented a whole school approach relating to RSHE.
	To be actively delivering RSHE in line with the National Curriculum and governance guidance, working towards a whole school approach. To be given regular curriculum time like any other subject, encompassing a spiral curriculum where learning is revisited and built upon each year.	



## Bronze Criteria

- ▶ For the educational establishment to have attended 3 RSHE Recognition Awards Training Sessions, or 20% of the school staff to have attended, whichever is the lower number
- ▶ One of these above sessions include Delivering Relationships and Sexual Health Education half day training Programme which must be attended by a member of the senior leadership team, head of PSHE / RSHE or equivalent
- ▶ That the educational establishment have liaised with parents regarding their RSHE delivery and allowing opportunity for parent and carer feedback and involvement. This is to include signposting to where the educational establishments RSHE Policy can be found, and sharing of the parents and carers online platform where parents and carers can access further learning [eshs.org.uk/parents-and-carers](https://eshs.org.uk/parents-and-carers)
- ▶ For the school to be actively delivering Inclusive RSHE in line with the National Curriculum, and to be able to provide evidence on how this is differentiated for pupils with SEND.

### QR Links:

#### Parents and Carers



## Silver Criteria

- ▶ For 3 additional RSHE Recognition awards training sessions to have been attended by staff members, totalling 6 sessions attended by staff at the setting
- ▶ For the educational establishment to provide evidence that they have created opportunity to hear the voice of the student relating to RSHE, this can be through focus groups, session feedback forms, suggestion boxes, participation in ECC RSHE Survey. This can also be through young people participating in HCRG Peer Education Programme, more information about this can be obtained at [healthyschools@barnardos.org.uk](mailto:healthyschools@barnardos.org.uk)
- ▶ For the educational establishment to provide opportunity for further informal learning opportunities for students on RSHE subjects, including ensuring resources are visible and available to students through posters, leaflets, or specialist services hosting health promotion stands. Further Education establishments could also become eC-card distributors.
- ▶ For the school to be actively delivering RSHE in line with the National Curriculum



## Gold Criteria

- ▶ For the educational establishment to provide evidence that they have responded to young people's views and feedback, this could include initiatives such as increasing number and subject content of dedicated RSHE specialist sessions available to the pupils, engaging with additional outside specialist providers, setting up dedicated LGBT+ safe spaces, having more visibility around the school, implementing changes following ECC RSHE survey,
- ▶ For the educational establishment to host opportunity for parents and carers to learn more about RSHE, this could include a virtual learning session, inviting parents and carers in for RSHE talk, RSHE resource table available at parent and carers evening.
- ▶ To demonstrate a whole school approach, of which demonstrable criteria can be found below. This can include evidence of working with the school nurse to support young people around relationships, sex and health.

// RSHE Leadership

// A culture of safety and respect

// Youth Voice

// Up to date policies and procedures

// Dedicated curriculum time and resources

// Teaching and learning

// Staff Training

// Working with parents and carers


## Further Information

ESHS Training can be accessed via our Eventbrite page  [here](#).

Please ensure that the training booked on states that this training is included within the RSHE recognition awards programme. For specialist in house training requests please contact:

 [provide.eshsoutreachteam@nhs.net](mailto:provide.eshsoutreachteam@nhs.net)

An educational establishment cannot apply straight for Gold Criteria, without first achieving Bronze and Silver Status.

If an educational establishment fulfils the criteria for an award, it is their responsibility to complete the recognition application form and return this to  [provide.eshsoutreachteam@nhs.net](mailto:provide.eshsoutreachteam@nhs.net), applications will be reviewed at the end of every school term.

The programme runs from September 24 – July 25, if you have achieved status, the educational establishment will then have to reapply for first grading at the start of the next school year, to ensure that the educational establishment is committing to CPD of its staff, and allowing ongoing opportunities for the student voice.

If you would like posters relating to eC-card or local sexual health service please contact  [PROVIDE.EssexSexualHealthService@nhs.net](mailto:PROVIDE.EssexSexualHealthService@nhs.net)

Essex Young Peoples Sexual Health Webpage can be found at:

 [askingforafriend.org.uk](http://askingforafriend.org.uk)

When providing evidence, please ensure not to provide any personal details for students with the educational establishment, to ensure to work in line with GDPR

For any queries, please contact us on  **0300 373 3421**

### QR Links:

#### Eventbrite page



### QR Links:

#### Asking for a Friend

