## Take control of your sexual health



Provide communi



## Our support for you...

- Learn about sexual health, contraception, and STI prevention with the help of blogs and resources on our website.
- Easy access to sexual health services, including advice on contraception and STI testing.
  - Discreet and confidential services available.
  - Clinics and pharmacies offer discreet support, including free condoms and access to STI testing.

View clinic and pharmacy locations across Essex:



Get in touch: **() 0300 003 1212** 

Follow our updates: > eshs.org.uk





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