



# HIV DOESN'T *Discriminate*

Why women **over 50** need to be aware of **STI risk**, including **HIV**

I'm so glad I don't need to worry about **pregnancy** anymore.

If you are not using condoms, you can still catch **STIs** and **HIV!**

Really? This new guy I have been seeing is **my age**, I don't think he would have any STIs...

I think you should have a **test...**



Find out more overleaf...

[eshs.org.uk](https://eshs.org.uk)

[essex\\_shs](#)

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Essex Sexual Health Service

Delivered by

Provide community

Commissioned by

Essex County Council

# HIV Care with Compassion, Respect, and Privacy



- ✔ **Free, Accessible HIV Support:**  
Our services offer FREE, confidential HIV support tailored for women over 50 in Essex. Testing and support are quick, discreet, and designed to meet your needs.
- ✔ **Privacy and Confidentiality, Guaranteed:**  
Your results and treatment are completely confidential and won't be shared with anyone without your permission. Whether you're newly diagnosed or want to learn more about prevention, we're here to help – without judgment or fear.
- ✔ **Free Medication and Support:**  
If needed, we provide free medication and ongoing support to ensure your health and wellbeing.
- ✔ **Free Prevention Advice and Support:**  
If you get the 'all-clear', we can help you work out the best prevention techniques to keep you safe from HIV and STIs.

**HIV doesn't have to be scary** – take the first step to better health today. Contact us or scan the QR code to book your free, confidential test and get the support you deserve.

Get in touch:

 **0300 003 1212**

 **provide.eshshivsupport@nhs.net**

Find out more:

 **[eshs.org.uk/essex-hiv-support](https://eshs.org.uk/essex-hiv-support)**



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