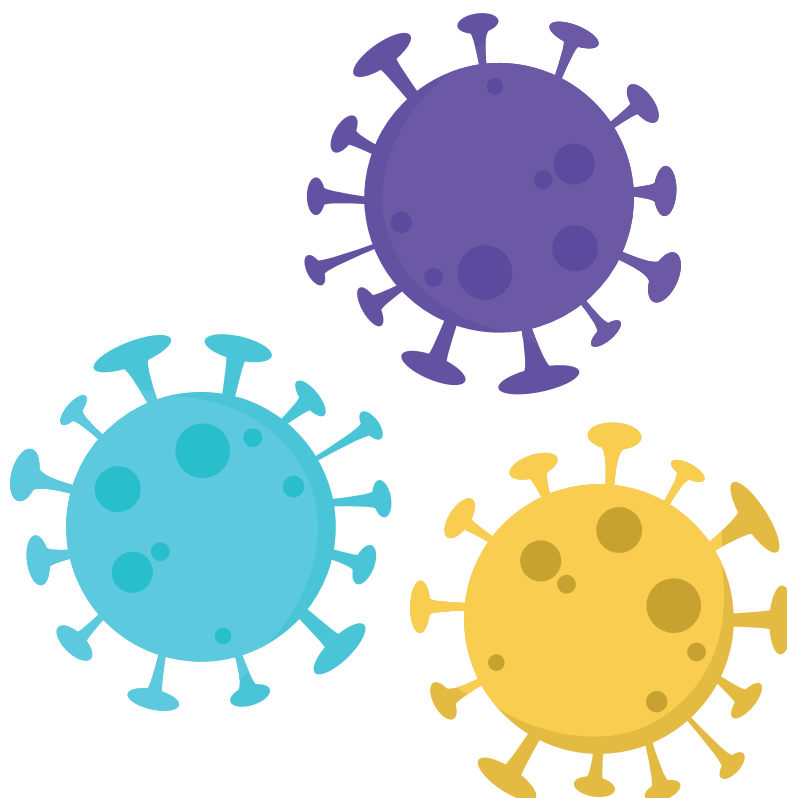


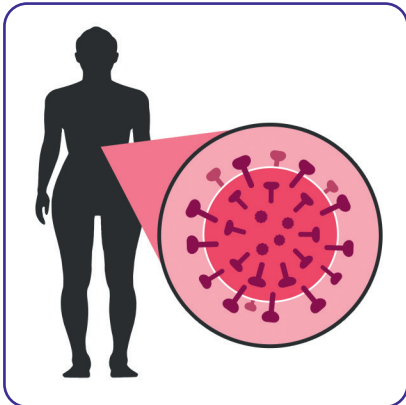


# About infections

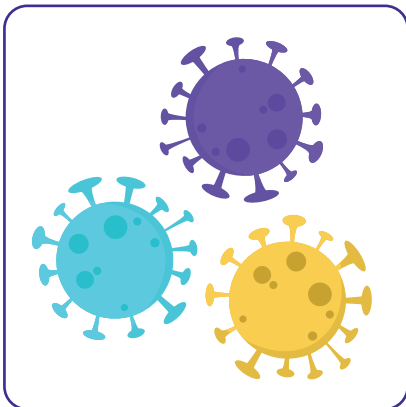
An Easy Read guide



# About infections



When you have unprotected sex you can catch an infection or pass one on.



Infections you can get when you have sex are called sexually transmitted infections or STIs.



An STI can make you very poorly.

# Symptoms of STIs

**Symptoms** are things you might feel when you are poorly.

Things you might feel if you have an STI are:



- Thick green or yellow liquid coming out of your vagina, penis or bottom.



- Pain when you go for a wee.



- Lumps of skin growing around your vulva, penis or bottom.



- A rash.



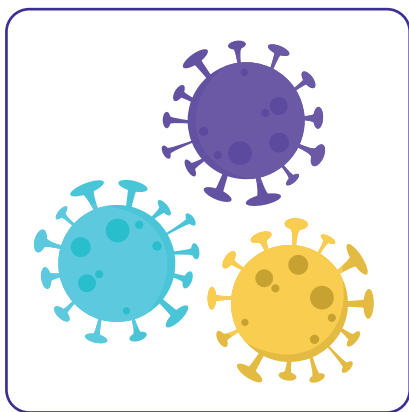
- Blood coming out of your vagina when it is not your **period**.  
A **period** is when a person bleeds every month from their vagina.



- Itchy around your vulva, penis or bottom.



The vulva is the area around the vagina.



Some people may not get any symptoms at all.



Using a condom is the only way to help keep both people safe from infections.



Talk to your doctor or sexual health clinic if a condom has not been used or it breaks during sex.



Talk to your doctor or sexual health clinic if you think you have an STI.

This Easy Read guide was made by  
Provide Community for people with  
learning disabilities and/or autism.

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